

236. 幼児・児童・生徒の性・年齢別の平均身長・体重・胸囲及び座高……(昭和25~55年)

	身長 (cm)				体重 (kg)				胸 囲 (cm)				座 高 (cm)				
	25年	35	44	55	25年	35	44	55	25年	35	44	55	25年	35	44	55	
男																	
幼稚園	5歳	105.5	108.1	109.0	110.5	17.5	17.9	19.1	19.3	55.5	55.4	56.0	56.3	60.3	61.6	61.6	62.6
小学校	6	109.6	112.4	114.5	115.7	18.8	19.2	20.2	20.8	56.4	56.3	57.0	57.5	62.0	63.4	64.4	64.7
	7	114.7	117.8	120.0	121.5	20.9	21.3	22.5	23.5	58.2	58.4	59.1	59.6	64.4	65.9	67.1	67.3
	8	119.5	122.4	125.0	127.1	22.9	23.5	24.9	26.3	60.1	60.4	59.7	62.2	66.7	68.3	69.3	69.8
	9	123.9	126.5	130.2	132.3	25.0	25.6	27.7	29.3	61.8	61.9	63.4	64.6	68.7	70.2	71.5	72.1
	10	128.0	131.9	134.9	137.7	27.0	28.3	30.6	33.0	63.5	64.1	65.5	67.3	70.5	72.4	73.7	74.4
中学校	11	131.9	136.9	140.1	143.4	29.4	31.5	33.9	36.4	65.3	66.7	68.0	69.4	72.4	74.4	75.8	76.8
	12	137.6	142.3	146.9	149.7	32.5	35.0	38.4	41.4	67.2	68.7	70.8	72.6	74.1	77.0	78.8	79.8
	13	142.8	148.7	153.8	157.0	36.4	39.8	43.7	46.9	70.2	73.1	73.6	76.1	76.9	80.3	82.3	83.1
	14	149.3	155.5	160.1	163.7	41.0	45.9	49.2	52.4	73.3	76.7	78.6	80.0	80.2	83.3	85.7	86.8
高等学校	15	156.7	161.0	164.8	166.8	47.7	51.1	53.9	56.9	76.5	79.7	82.1	82.8	84.6	87.4	88.7	88.9
	16	160.1	164.3	166.8	169.1	50.5	55.4	56.8	59.5	79.2	82.5	84.7	85.2	86.5	89.1	89.8	89.9
	17	162.3	165.2	168.0	169.3	52.9	56.8	58.2	60.0	81.2	84.5	85.8	86.0	88.2	90.0	90.2	90.1
女																	
幼稚園	5歳	104.9	106.6	108.3	109.4	16.8	17.2	18.5	18.5	54.0	53.8	54.8	55.1	59.6	60.9	61.1	61.9
小学校	6	108.8	111.1	113.5	115.6	18.4	18.6	19.8	20.7	54.8	54.8	55.6	56.1	61.7	62.6	64.0	64.5
	7	113.7	116.7	119.2	120.8	20.3	20.5	22.2	22.7	56.5	56.7	57.7	58.4	64.2	65.6	66.7	67.0
	8	118.6	121.5	124.7	126.2	22.3	22.8	24.6	25.4	58.3	58.8	60.0	60.3	66.4	68.0	69.2	69.4
	9	121.4	126.8	130.0	131.6	24.5	25.2	27.5	28.6	59.9	60.8	62.1	63.0	68.4	70.1	71.6	71.6
	10	126.4	132.3	136.0	137.7	26.7	28.4	31.1	32.4	61.8	63.4	65.0	66.4	70.3	72.8	74.3	74.6
	11	132.8	138.5	142.2	144.8	29.7	32.2	35.5	37.7	64.2	66.8	68.4	70.4	72.7	75.7	77.6	78.2
中学校	12	139.4	144.3	148.7	150.8	34.0	37.1	40.8	42.6	67.4	69.9	72.9	74.5	75.4	79.1	80.7	81.3
	13	143.9	148.7	152.0	153.9	38.2	42.0	44.9	46.6	71.0	74.0	76.4	77.3	78.3	81.4	82.8	83.1
	14	147.6	151.1	154.2	155.9	42.7	46.2	48.5	49.3	74.0	77.1	78.9	79.2	80.6	83.5	84.0	84.0
高等学校	15	151.1	153.1	155.2	156.7	46.5	48.5	51.0	51.9	76.9	78.8	80.1	80.7	82.8	84.6	85.1	84.8
	16	151.9	153.6	155.4	157.1	48.3	50.1	51.9	52.4	78.7	80.2	80.9	81.6	83.4	84.1	85.7	84.8
	17	152.8	154.2	155.7	157.3	49.9	51.3	52.2	52.4	80.2	81.2	81.7	81.7	83.6	85.1	85.8	84.9