

For individuals getting tested for COVID-19

~Let us know what's going on~

Pre-registration system for (suspected) individuals infected with COVID-19

IMABIS

-InforMAtion collection Before diagnosis-

- ✓ By providing your information to the public health center before the test results are available, they will be able to respond more smoothly in the case you test positive
- ✓ By providing emergency contact information in advance, you can feel at ease in case something happens
- ✓ You can enter your information at your own convenience, reducing the time required for the health center to call you back



URL : <https://www.pref.chiba.lg.jp/shippei/kansenshou/imabis.html>
(Please scan the QR code above or access the site via URL)

- ※Must be a resident of the Prefecture (excluding Chiba City, Funabashi City, and Kashiwa City)
- ※Personal information collected will not be used for any other purpose, nor will it be used if the test results are negative.
(Your data will automatically be deleted 30 days after being entered.)

About the pre-registration system

- If the public health center receives a report of an outbreak from the medical institution you visited, the staff member in charge will contact you by phone or other means to inquire about your health condition, etc., based on Article 15 of the Infectious Diseases Control Law.
- You can shorten the survey time by answering the system's emergency contact and chronic illness information in advance.
- The survey will take about 10 minutes.
- We understand you may feel worried, but we ask for your cooperation in entering as much accurate information as possible so we can provide better support.

Chiba Prefecture Health and Welfare Department, Disease Control Division
(Inquiries regarding the pre-registration system: 043-223-2691)

Things to be aware of before your test results are given:

- Refrain from nonessential outings
 - ✓ Do not use public transportation
 - ✓ Do not do anything that could increase the number of people with whom you have close contact, such as going out to eat
- Avoid contact with your family
 - ✓ Stay in separate rooms (even for meals and sleeping)
 - ✓ Be taken care of by a limited number of people
 - ✓ Wash your hands diligently and keep rooms ventilated
 - ✓ Wear a mask even when inside your home
 - ✓ Disinfect shared spaces and surfaces
 - ✓ Wash dirty clothes and linens without direct contact
 - ✓ Dispose of trash in a sealed container

(Even if the results are negative, it is recommended to continue with the normal course of action while the symptoms persist.)

If you test positive:

- Monitor your every morning and evening
 - ✓ Take and record your temperature every morning and evening
 - ✓ Record whether you have taken fever reducers and other medications
- Do not go outside during treatment
- The health center will call you, so please be ready to answer

<Other information can be found on the Chiba Prefecture homepage>

• For patients and their families recovering at home



• About close contact



• For those admitted to a treatment facility



• About completion of treatment and discharge



If your health suddenly deteriorates and you and seek consultation:

- Contact your family doctor and medical institution you were tested at
- **Chiba Coronavirus Hotline for Foreign Residents 050-3623-2395**
(available 24 hours/day including weekends and holidays)