

# 令和7年度「新体力テスト」の調査結果

(1) 令和7年度千葉県「新体力テスト」総合評価

総合評価	性別 学年	小学校（男子）						小学校（女子）					
		1	2	3	4	5	6	1	2	3	4	5	6
A		16.0%	13.9%	15.1%	17.9%	24.3%	28.2%	17.3%	12.9%	16.0%	17.4%	25.9%	24.2%
B		25.9%	25.4%	27.8%	26.0%	21.7%	24.9%	28.5%	23.2%	27.6%	25.8%	21.5%	23.9%
C		31.5%	35.1%	30.3%	28.0%	27.1%	24.3%	30.2%	37.8%	31.9%	29.3%	30.5%	30.4%
D		17.7%	18.6%	19.4%	17.7%	17.3%	16.4%	16.5%	19.2%	18.0%	19.1%	17.4%	16.8%
E		8.9%	7.1%	7.4%	10.4%	9.6%	6.3%	7.5%	6.9%	6.5%	8.4%	4.7%	4.7%
総合評価	性別 学年	中学校（男子）			高等学校（男子）			中学校（女子）			高等学校（女子）		
		1	2	3	1	2	3	1	2	3	1	2	3
A		6.2%	12.9%	25.6%	15.8%	19.3%	26.6%	29.3%	30.6%	33.4%	19.5%	19.2%	13.7%
B		21.4%	28.2%	26.7%	29.7%	30.6%	28.6%	30.1%	29.2%	24.0%	25.5%	24.0%	23.8%
C		30.9%	31.3%	28.6%	31.8%	29.8%	26.1%	25.1%	23.8%	25.3%	35.4%	31.4%	32.1%
D		30.6%	20.8%	13.7%	18.0%	17.1%	15.6%	13.4%	13.8%	13.8%	16.3%	19.9%	22.7%
E		10.8%	6.9%	5.4%	4.7%	3.2%	3.1%	2.0%	2.7%	3.6%	3.3%	5.5%	7.7%

(2) 令和7年度千葉県「新体カテスト」総合評価と令和6年度総合評価との比較

性別 学年 総合評価		小学校（男子）						小学校（女子）					
		1	2	3	4	5	6	1	2	3	4	5	6
A	令和7年度	16.0%	13.9%	15.1%	17.9%	24.3%	28.2%	17.3%	12.9%	16.0%	17.4%	25.9%	24.2%
	令和6年度	17.6%	13.4%	16.2%	18.8%	23.5%	28.5%	16.1%	12.4%	17.3%	20.2%	27.9%	24.6%
B	令和7年度	25.9%	25.4%	27.8%	26.0%	21.7%	24.9%	28.5%	23.2%	27.6%	25.8%	21.5%	23.9%
	令和6年度	30.0%	26.8%	27.1%	24.9%	19.9%	23.4%	30.5%	24.5%	23.8%	27.6%	23.6%	23.9%
C	令和7年度	31.5%	35.1%	30.3%	28.0%	27.1%	24.3%	30.2%	37.8%	31.9%	29.3%	30.5%	30.4%
	令和6年度	31.7%	33.8%	30.9%	26.0%	29.4%	24.6%	32.4%	34.8%	32.2%	29.1%	28.2%	31.2%
D	令和7年度	17.7%	18.6%	19.4%	17.7%	17.3%	16.4%	16.5%	19.2%	18.0%	19.1%	17.4%	16.8%
	令和6年度	13.3%	20.0%	18.1%	20.5%	17.4%	17.1%	13.7%	22.1%	19.6%	16.8%	15.9%	15.2%
E	令和7年度	8.9%	7.1%	7.4%	10.4%	9.6%	6.3%	7.5%	6.9%	6.5%	8.4%	4.7%	4.7%
	令和6年度	7.4%	6.1%	7.7%	9.8%	9.8%	6.4%	7.3%	6.3%	7.0%	6.3%	4.4%	5.1%
性別 学年 総合評価		中学校（男子）			高等学校（男子）			中学校（女子）			高等学校（女子）		
		1	2	3	1	2	3	1	2	3	1	2	3
A	令和7年度	6.2%	12.9%	25.6%	15.8%	19.3%	26.6%	29.3%	30.6%	33.4%	19.5%	19.2%	13.7%
	令和6年度	5.9%	13.0%	26.1%	12.4%	20.7%	18.5%	28.3%	32.7%	33.3%	17.6%	20.2%	16.0%
B	令和7年度	21.4%	28.2%	26.7%	29.7%	30.6%	28.6%	30.1%	29.2%	24.0%	25.5%	24.0%	23.8%
	令和6年度	20.9%	26.8%	26.2%	25.9%	34.1%	30.3%	31.1%	28.3%	24.2%	22.4%	25.5%	25.6%
C	令和7年度	30.9%	31.3%	28.6%	31.8%	29.8%	26.1%	25.1%	23.8%	25.3%	35.4%	31.4%	32.1%
	令和6年度	32.2%	31.6%	27.5%	37.5%	28.8%	28.9%	27.6%	24.1%	21.8%	37.3%	30.4%	31.0%
D	令和7年度	30.6%	20.8%	13.7%	18.0%	17.1%	15.6%	13.4%	13.8%	13.8%	16.3%	19.9%	22.7%
	令和6年度	31.3%	21.3%	15.3%	19.9%	14.3%	18.1%	11.0%	12.1%	15.7%	18.5%	19.7%	23.1%
E	令和7年度	10.8%	6.9%	5.4%	4.7%	3.2%	3.1%	2.0%	2.7%	3.6%	3.3%	5.5%	7.7%
	令和6年度	9.8%	7.2%	4.9%	4.3%	2.1%	4.3%	1.9%	2.8%	5.1%	4.1%	4.2%	4.3%

(3) 令和7年度千葉県小学校「新体力テスト」総合評価の経年変化（男子）

学年		総合評価	男子					
			1年次	2年次	3年次	4年次	5年次	6年次
1年	R7年入学	A	16.0%					
		B	25.9%					
		C	31.5%					
		D	17.7%					
		E	8.9%					
2年	R6年入学	A	17.6%	13.9%				
		B	30.0%	25.4%				
		C	31.7%	35.1%				
		D	13.3%	18.6%				
		E	7.4%	7.1%				
3年	R5年入学	A	17.6%	13.4%	15.1%			
		B	26.1%	26.8%	27.8%			
		C	32.1%	33.8%	30.3%			
		D	15.8%	20.0%	19.4%			
		E	8.5%	6.1%	7.4%			
4年	R4年入学	A	17.3%	14.2%	16.2%	17.9%		
		B	30.2%	24.3%	27.1%	26.0%		
		C	31.9%	32.9%	30.9%	28.0%		
		D	15.1%	21.4%	18.1%	17.7%		
		E	5.5%	7.1%	7.7%	10.4%		
5年	R3年入学	A	15.0%	13.0%	16.8%	18.8%	24.3%	
		B	33.0%	25.8%	27.9%	24.9%	21.7%	
		C	31.3%	35.5%	30.2%	26.0%	27.1%	
		D	14.3%	20.5%	18.9%	20.5%	17.3%	
		E	6.4%	5.2%	6.2%	9.8%	9.6%	
6年	R2年入学	A	0.0%	14.5%	15.0%	15.9%	23.5%	28.2%
		B	0.0%	24.4%	26.7%	24.1%	19.9%	24.9%
		C	0.0%	36.2%	32.9%	30.2%	29.4%	24.3%
		D	0.0%	20.8%	17.4%	19.9%	17.4%	16.4%
		E	0.0%	4.1%	8.0%	9.9%	9.8%	6.3%

(4) 令和7年度千葉県小学校「新体力テスト」総合評価の経年変化（女子）

学年		総合評価	女子					
			1年次	2年次	3年次	4年次	5年次	6年次
1年	R7年入学	A	17.3%					
		B	28.5%					
		C	30.2%					
		D	16.5%					
		E	7.5%					
2年	R6年入学	A	16.1%	12.9%				
		B	30.5%	23.2%				
		C	32.4%	37.8%				
		D	13.7%	19.2%				
		E	7.3%	6.9%				
3年	R5年入学	A	16.5%	12.4%	16.0%			
		B	26.7%	24.5%	27.6%			
		C	32.6%	34.8%	31.9%			
		D	17.4%	22.1%	18.0%			
		E	6.8%	6.3%	6.5%			
4年	R4年入学	A	16.0%	13.4%	17.3%	17.4%		
		B	30.1%	25.9%	23.8%	25.8%		
		C	32.8%	34.2%	32.2%	29.3%		
		D	13.9%	20.6%	19.6%	19.1%		
		E	7.1%	5.8%	7.0%	8.4%		
5年	R3年入学	A	19.3%	17.2%	19.2%	20.2%	25.9%	
		B	29.3%	26.3%	28.9%	27.6%	21.5%	
		C	29.9%	34.8%	30.2%	29.1%	30.5%	
		D	14.9%	16.9%	14.9%	16.8%	17.4%	
		E	6.6%	4.7%	6.7%	6.3%	4.7%	
6年	R2年入学	A	0.0%	15.2%	17.8%	18.5%	27.9%	24.2%
		B	0.0%	24.0%	27.8%	28.0%	23.6%	23.9%
		C	0.0%	39.4%	31.8%	28.4%	28.2%	30.4%
		D	0.0%	16.6%	17.7%	18.4%	15.9%	16.8%
		E	0.0%	4.8%	5.0%	6.8%	4.4%	4.7%

(5) 令和7年度千葉県中学校「新体力テスト」総合評価の経年変化

学年	総合評価	男子			女子			
		1年次	2年次	3年次	1年次	2年次	3年次	
1年	R7年入学	A	6.2%			29.3%		
		B	21.4%			30.1%		
		C	30.9%			25.1%		
		D	30.6%			13.4%		
		E	10.8%			2.0%		
2年	R6年入学	A	5.9%	12.9%		28.3%	30.6%	
		B	20.9%	28.2%		31.1%	29.2%	
		C	32.2%	31.3%		27.6%	23.8%	
		D	31.3%	20.8%		11.0%	13.8%	
		E	9.8%	6.9%		1.9%	2.7%	
3年	R5年入学	A	6.2%	13.0%	25.6%	27.3%	32.7%	33.4%
		B	20.1%	26.8%	26.7%	30.5%	28.3%	24.0%
		C	31.9%	31.6%	28.6%	26.3%	24.1%	25.3%
		D	31.5%	21.3%	13.7%	14.3%	12.1%	13.8%
		E	10.3%	7.2%	5.4%	1.6%	2.8%	3.6%

(6) 令和7年度千葉県高等学校「新体力テスト」総合評価の経年変化

学年	総合評価	男子			女子			
		1年次	2年次	3年次	1年次	2年次	3年次	
1年	R7年入学	A	15.8%			19.5%		
		B	29.7%			25.5%		
		C	31.8%			35.4%		
		D	18.0%			16.3%		
		E	4.7%			3.3%		
2年	R6年入学	A	12.4%	19.3%		17.6%	19.2%	
		B	25.9%	30.6%		22.4%	24.0%	
		C	37.5%	29.8%		37.3%	31.4%	
		D	19.9%	17.1%		18.5%	19.9%	
		E	4.3%	3.2%		4.1%	5.5%	
3年	R5年入学	A	12.7%	20.7%	26.6%	15.1%	20.2%	13.7%
		B	24.5%	34.1%	28.6%	21.7%	25.5%	23.8%
		C	37.9%	28.8%	26.1%	34.4%	30.4%	32.1%
		D	19.6%	14.3%	15.6%	22.3%	19.7%	22.7%
		E	5.2%	2.1%	3.1%	6.4%	4.2%	7.7%

(7) 令和7年度千葉県小学校「新体カテスト」結果の地区（教育事務所等）別総合評価一覧表〔男子〕

学年	教育事務所 種目	葛南	東葛飾	北総 (印旛)	北総 (香取)	北総 (海匝)	東上総 (山武)	東上総 (長生)	東上総 (夷隅)	南房総 (市原君津)	南房総 (安房)
		1	A	13.8%	10.1%	22.8%	15.4%	10.9%	36.7%	37.5%	12.5%
	B	19.7%	26.4%	29.4%	38.5%	29.7%	26.7%	29.2%	43.8%	23.8%	26.1%
	C	35.6%	32.6%	28.9%	23.1%	35.9%	23.3%	12.5%	25.0%	32.5%	21.7%
	D	18.7%	20.5%	14.7%	17.9%	12.5%	6.7%	12.5%	12.5%	18.8%	30.4%
	E	12.1%	10.4%	4.1%	5.1%	10.9%	6.7%	8.3%	6.3%	6.3%	4.3%
2	A	10.6%	8.3%	22.3%	14.3%	17.6%	8.6%	33.3%	25.0%	16.0%	12.5%
	B	27.1%	22.1%	26.4%	14.3%	33.8%	34.3%	25.0%	6.3%	24.7%	33.3%
	C	31.0%	40.5%	33.5%	42.9%	35.3%	31.4%	20.8%	25.0%	37.0%	37.5%
	D	21.5%	22.1%	13.2%	14.3%	10.3%	20.0%	20.8%	31.3%	17.3%	8.3%
	E	9.9%	6.9%	4.6%	14.3%	2.9%	5.7%	0.0%	12.5%	4.9%	8.3%
3	A	12.1%	10.5%	17.2%	22.5%	27.5%	20.0%	29.2%	33.3%	10.7%	22.7%
	B	30.6%	23.2%	28.6%	27.5%	31.9%	31.4%	16.7%	40.0%	29.8%	22.7%
	C	31.7%	34.4%	30.5%	25.0%	17.4%	31.4%	33.3%	6.7%	29.8%	22.7%
	D	18.1%	23.2%	17.7%	20.0%	14.5%	14.3%	16.7%	13.3%	23.8%	13.6%
	E	7.5%	8.8%	5.9%	5.0%	8.7%	2.9%	4.2%	6.7%	6.0%	18.2%
4	A	14.3%	12.2%	22.7%	26.3%	25.7%	17.1%	20.8%	31.3%	27.8%	9.1%
	B	27.5%	25.4%	29.1%	13.2%	31.4%	37.1%	4.2%	31.3%	21.5%	9.1%
	C	27.5%	30.7%	21.7%	39.5%	21.4%	25.7%	45.8%	25.0%	27.8%	45.5%
	D	19.5%	18.8%	17.7%	15.8%	14.3%	8.6%	25.0%	6.3%	12.7%	27.3%
	E	11.1%	12.9%	8.9%	5.3%	7.1%	11.4%	4.2%	6.3%	10.1%	9.1%
5	A	16.8%	18.6%	33.5%	18.4%	33.3%	31.4%	37.5%	35.3%	31.3%	29.2%
	B	22.1%	19.9%	20.2%	21.1%	29.2%	28.6%	8.3%	47.1%	21.7%	16.7%
	C	27.7%	28.9%	29.1%	44.7%	16.7%	8.6%	29.2%	11.8%	22.9%	37.5%
	D	22.8%	19.2%	8.4%	15.8%	13.9%	17.1%	25.0%	5.9%	18.1%	12.5%
	E	10.5%	13.4%	8.9%	0.0%	6.9%	14.3%	0.0%	0.0%	6.0%	4.2%
6	A	24.5%	23.8%	33.3%	20.5%	38.0%	31.4%	13.0%	52.9%	39.5%	20.8%
	B	25.9%	21.3%	25.5%	25.6%	25.4%	20.0%	26.1%	17.6%	34.6%	25.0%
	C	25.5%	27.3%	20.1%	23.1%	23.9%	34.3%	43.5%	11.8%	13.6%	25.0%
	D	15.5%	18.5%	16.2%	25.6%	12.7%	14.3%	8.7%	17.6%	11.1%	25.0%
	E	8.6%	9.1%	4.9%	5.1%	0.0%	0.0%	8.7%	0.0%	1.2%	4.2%

(8) 令和7年度千葉県小学校「新体カテスト」結果の地区（教育事務所等）別総合評価一覧表〔女子〕

学年	教育事務所 種目	葛南	東葛飾	北総 (印旛)	北総 (香取)	北総 (海匝)	東上総 (山武)	東上総 (長生)	東上総 (夷隅)	南房総 (市原君津)	南房総 (安房)
		1	A	11.1%	10.5%	25.8%	13.2%	27.0%	20.6%	34.8%	53.8%
	B	25.3%	29.1%	26.8%	28.9%	36.5%	29.4%	21.7%	38.5%	35.4%	27.3%
	C	32.5%	32.3%	27.8%	36.8%	25.4%	32.4%	26.1%	0.0%	27.8%	22.7%
	D	22.5%	18.2%	12.4%	13.2%	11.1%	11.8%	17.4%	7.7%	11.4%	4.5%
	E	8.7%	9.8%	7.2%	7.9%	0.0%	5.9%	0.0%	0.0%	5.1%	9.1%
2	A	10.0%	6.7%	16.6%	10.3%	21.2%	18.8%	12.5%	28.6%	22.2%	21.7%
	B	22.8%	19.9%	22.1%	33.3%	27.3%	34.4%	29.2%	21.4%	27.2%	17.4%
	C	37.2%	37.6%	39.2%	35.9%	45.5%	31.3%	33.3%	35.7%	34.6%	43.5%
	D	22.1%	23.4%	17.1%	20.5%	6.1%	15.6%	20.8%	14.3%	12.3%	17.4%
	E	7.9%	12.4%	5.0%	0.0%	0.0%	0.0%	4.2%	0.0%	3.7%	0.0%
3	A	12.0%	10.5%	20.2%	23.1%	30.9%	26.5%	20.8%	28.6%	13.8%	21.7%
	B	25.7%	23.7%	31.5%	28.2%	38.2%	23.5%	16.7%	35.7%	35.0%	17.4%
	C	34.2%	35.9%	27.6%	20.5%	22.1%	29.4%	37.5%	35.7%	31.3%	39.1%
	D	19.7%	21.6%	16.3%	25.6%	7.4%	17.6%	16.7%	0.0%	11.3%	21.7%
	E	8.5%	8.4%	4.4%	2.6%	1.5%	2.9%	8.3%	0.0%	8.8%	0.0%
4	A	14.7%	11.9%	19.9%	36.1%	14.3%	26.5%	8.3%	33.3%	28.4%	26.1%
	B	28.0%	20.6%	22.9%	16.7%	34.3%	44.1%	50.0%	13.3%	29.6%	17.4%
	C	27.3%	29.0%	34.8%	27.8%	32.9%	17.6%	20.8%	46.7%	23.5%	34.8%
	D	20.3%	25.5%	16.9%	16.7%	10.0%	8.8%	20.8%	6.7%	17.3%	4.3%
	E	9.8%	12.9%	5.5%	2.8%	8.6%	2.9%	0.0%	0.0%	1.2%	17.4%
5	A	22.0%	18.0%	33.8%	24.4%	34.3%	48.6%	29.2%	25.0%	31.3%	27.3%
	B	20.6%	20.1%	22.4%	24.4%	21.4%	17.1%	29.2%	18.8%	28.8%	13.6%
	C	33.3%	33.5%	26.4%	34.1%	22.9%	25.7%	20.8%	43.8%	23.8%	40.9%
	D	18.9%	21.1%	13.4%	14.6%	20.0%	8.6%	16.7%	12.5%	13.8%	13.6%
	E	5.2%	7.4%	4.0%	2.4%	1.4%	0.0%	4.2%	0.0%	2.5%	4.5%
6	A	15.3%	24.4%	25.9%	28.9%	40.3%	32.4%	21.7%	46.7%	31.3%	12.5%
	B	30.2%	17.2%	25.4%	18.4%	23.6%	23.5%	30.4%	26.7%	22.5%	25.0%
	C	30.2%	30.6%	27.4%	39.5%	25.0%	32.4%	39.1%	26.7%	36.3%	29.2%
	D	19.8%	21.6%	17.9%	7.9%	6.9%	8.8%	8.7%	0.0%	6.3%	20.8%
	E	4.5%	6.2%	3.5%	5.3%	4.2%	2.9%	0.0%	0.0%	3.8%	12.5%

(9) 令和7年度千葉県中学校「新体力テスト」結果の地区（教育事務所等）別総合評価一覧表 [男子]

学年	種目	教育事務所									
		葛南	東葛飾	北総 (印旛)	北総 (香取)	北総 (海匝)	東上総 (山武)	東上総 (長生)	東上総 (夷隅)	南房総 (市原君津)	南房総 (安房)
1	A	6.3%	1.8%	10.4%	2.6%	4.7%	6.7%	4.2%	20.0%	10.9%	2.8%
	B	20.7%	19.0%	27.1%	30.8%	20.9%	30.0%	25.0%	20.0%	15.9%	16.7%
	C	30.0%	34.2%	27.1%	25.6%	23.3%	43.3%	33.3%	30.0%	33.3%	30.6%
	D	34.4%	29.2%	28.1%	33.3%	37.2%	16.7%	25.0%	20.0%	30.4%	33.3%
	E	8.5%	15.8%	7.3%	7.7%	14.0%	3.3%	12.5%	10.0%	9.4%	16.7%
2	A	14.1%	8.8%	14.7%	13.9%	10.6%	10.0%	12.5%	8.3%	18.7%	8.3%
	B	28.9%	23.9%	26.2%	38.9%	38.3%	40.0%	20.8%	25.0%	29.5%	33.3%
	C	32.2%	36.8%	32.5%	33.3%	25.5%	20.0%	29.2%	41.7%	20.9%	30.6%
	D	20.0%	18.9%	22.5%	13.9%	21.3%	26.7%	20.8%	8.3%	24.5%	22.2%
	E	4.8%	11.6%	4.2%	0.0%	4.3%	3.3%	16.7%	16.7%	6.5%	5.6%
3	A	25.5%	20.7%	28.0%	27.5%	14.0%	36.7%	43.5%	30.0%	28.0%	34.3%
	B	28.0%	28.4%	25.9%	22.5%	32.0%	20.0%	8.7%	40.0%	28.0%	17.1%
	C	27.3%	29.8%	29.5%	32.5%	32.0%	23.3%	17.4%	20.0%	27.3%	34.3%
	D	13.7%	15.4%	14.0%	7.5%	10.0%	16.7%	30.4%	0.0%	9.8%	11.4%
	E	5.5%	5.6%	2.6%	10.0%	12.0%	3.3%	0.0%	10.0%	7.0%	2.9%

(10) 令和7年度千葉県中学校「新体力テスト」結果の地区（教育事務所等）別総合評価一覧表 [女子]

学年	種目	教育事務所									
		葛南	東葛飾	北総 (印旛)	北総 (香取)	北総 (海匝)	東上総 (山武)	東上総 (長生)	東上総 (夷隅)	南房総 (市原君津)	南房総 (安房)
1	A	23.0%	20.6%	36.8%	31.6%	23.8%	50.0%	41.7%	50.0%	36.6%	44.4%
	B	32.6%	32.1%	26.9%	39.5%	33.3%	30.0%	20.8%	25.0%	26.1%	25.0%
	C	27.0%	27.5%	23.3%	15.8%	28.6%	16.7%	25.0%	16.7%	24.6%	19.4%
	D	14.8%	16.0%	11.9%	13.2%	14.3%	3.3%	12.5%	8.3%	11.3%	11.1%
	E	2.6%	3.8%	1.0%	0.0%	0.0%	0.0%	0.0%	0.0%	1.4%	0.0%
2	A	31.9%	25.8%	35.1%	30.8%	26.7%	36.7%	41.7%	27.3%	26.6%	44.4%
	B	26.4%	29.0%	29.9%	38.5%	40.0%	20.0%	16.7%	36.4%	30.8%	30.6%
	C	26.7%	24.4%	21.6%	23.1%	13.3%	16.7%	29.2%	27.3%	23.1%	25.0%
	D	13.2%	17.3%	11.3%	7.7%	15.6%	16.7%	12.5%	9.1%	16.1%	0.0%
	E	1.8%	3.5%	2.1%	0.0%	4.4%	10.0%	0.0%	0.0%	3.5%	0.0%
3	A	35.1%	27.9%	34.0%	46.2%	40.8%	40.0%	25.0%	33.3%	32.9%	41.7%
	B	23.9%	24.4%	26.1%	25.6%	20.4%	16.7%	29.2%	16.7%	21.4%	25.0%
	C	23.2%	27.2%	25.0%	20.5%	24.5%	20.0%	20.8%	41.7%	30.0%	16.7%
	D	13.8%	15.5%	13.3%	0.0%	8.2%	20.0%	25.0%	8.3%	13.6%	13.9%
	E	4.0%	4.9%	1.6%	7.7%	6.1%	3.3%	0.0%	0.0%	2.1%	2.8%